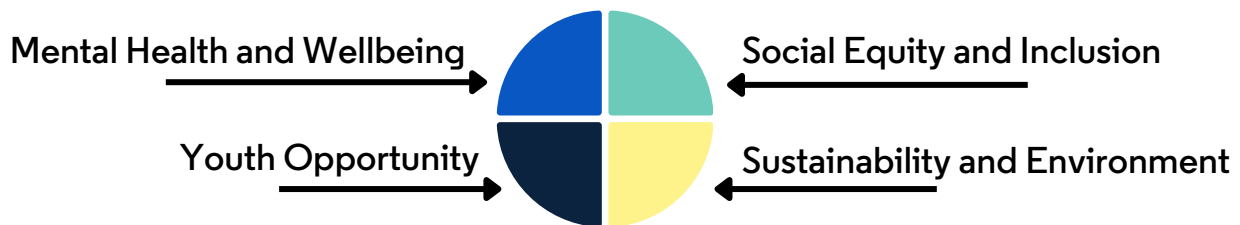
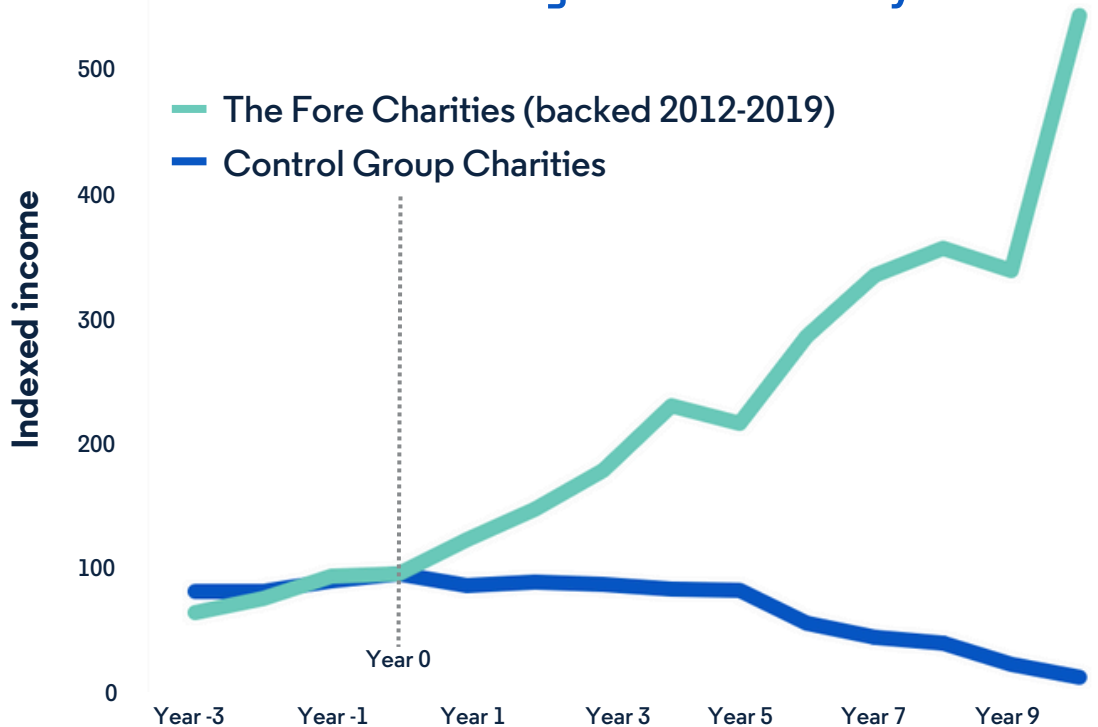


Rising Stars Autumn 2024



This Autumn, 15 more exceptional charities and social enterprises, from the tip of Scotland to Kent, will receive unrestricted funding, introductions to our networks and access to our training and support. They are the Rising Stars of the sector.

Charities #BackedByTheFore show incredible income growth over 10 years



Further detail on our benchmarking study can be found [here](#).

If you have skills or resources to share and would like to join us in transforming lives and society, please get in touch at partnerships@thefore.org.



Rippleacts CIC

Rippleacts gets long term unemployed people in Norfolk back into work by overcoming their fears and rediscovering their strengths.

Traditional Jobcentre Plus services focus heavily on job search and employability skills, leading to poor outcomes. Rippleacts takes a different approach and places mental health at the core. By combining cognitive-behavioural coaching with hands-on work experience, they address the root causes of unemployment. 78% of participants that complete the Rippleacts programme begin actively applying for jobs, training, or volunteering. The Department For Work and Pensions is eager to work with them, but Rippleacts' resource-intensive face-to-face model is limiting their ability to scale.

With support from The Fore, they'll be able to develop a digital coaching course, opening up new public and private sector contracts to scale beyond Norfolk and help more people rebuild their lives.

rippleacts.org

@ripple.acts

£30,000 awarded



Autistic Girls Network

Autistic Girls Network (AGN) shines a light on the often-overlooked needs of autistic girls and women, creating a world where they are understood, valued, and supported.

Founded in 2019 by neurodivergent CEO Cathy Wassell after her daughter's late autism diagnosis, AGN is the only UK charity specifically supporting autistic females. With autistic women four times more likely to attempt suicide than autistic men, AGN fills a critical gap in male-centric autism provision. Their services include peer support groups, mentoring, and training, but demand has created long waiting lists.

The Fore's investment will allow AGN to recruit a Volunteer Coordinator to fully mobilise their volunteers, enabling them to grow sustainable income streams and scale to support over 21,000 more autistic girls and women by 2026.

autisticgirlsnetwork.org

@autisticgirlsnetwork

£30,000 awarded



Knoydart Farm CIC

Knoydart Farm is a community-run, organic farm on Scotland's remote Knoydart peninsula, transforming how this isolated community produces and accesses food.

Accessible only by boat, Knoydart's food supply chain is vulnerable to severe weather, high transportation costs, and delays, leaving residents with spoiled or overpriced food. Determined to take control, the community launched the farm in 2023 to create a self-sustaining local food system. However, volunteers lack the capacity to maximise its full potential.

With our support, they will hire a Farm Manager to boost crop production and realise their vision of locally grown, affordable, high-quality food for all. The Farm Manager will also expand income-generating workshops for the 30,000 annual tourists to sustain the farm for future generations.

knoydartfarm.co.uk

@knoydartfarmcic

£30,000 awarded



Rammy Men CIC

Rammy Men brings people together to tackle mental health challenges and build a strong, supportive community in Ramsbottom, Bury.

Established after yet another friend took his own life, Rammy's founders want to never again see another person lost to suicide. Rammy support 700+ people, offering counselling and a range of activities from bricklaying to nights out to strengthen bonds. They've also helped establish 10 new companies that improve lives. Rammy's model is in demand, including from the NHS. This creates a golden opportunity to grow, but existing capacity means this isn't possible.

The Fore's funding will give the capacity needed to secure new support contracts and franchise their model to allow sustainable expansion into new areas.

rammymen.org

@rammy.men

£30,000 awarded



Music4Wellbeing

Music4Wellbeing helps older people live happier, healthier lives through music and other creative activities.

They run 200 sessions per year across Kent and South London, supporting older people experiencing cognitive, mental, physical and social life challenges, from dementia to loneliness. In Kent alone, almost 30,000 people aged over 65 are at risk of loneliness, and 25,000 live with dementia, with numbers only rising. Music4Wellbeing are ready to grow to meet the need, but they need extra capacity to make it happen.

With our funding, they will hire their first CEO to focus on business planning and securing sustainable funding. They will also be able to train more volunteers. Together this will help them grow their services and reach more people.

music4wellbeing.org.uk

£30,000 awarded



Support And Love Via Education

Support and Love Via Education International (S.A.L.V.E) supports children experiencing homelessness in Uganda to build a brighter future.

S.A.L.V.E's vision is a world where there is 'No Street Called Home', working in the Jinja district of Uganda to help children leave homelessness behind. They have supported 3,000+ children since 2008 and take an all-encompassing approach that tackles the many causes of homelessness. Services include resettlement support, drug rehabilitation, education and mentorship. Their approach works, with 80% of children remaining at home long-term after being resettled. Monitoring their impact is a time-consuming, manual process.

The Fore's support will allow S.A.L.V.E to implement a new online monitoring system, enabling them to improve their fundraising by better demonstrating impact and freeing staff up to reach even more children.

salveinternational.org

@salveinternational

£26,325 awarded





MAC-UK

MAC-UK's mission is to take mental health support out of the clinic and into communities to better meet the needs of excluded and marginalised young people.

Working with the NHS and other public services, MAC-UK are transforming the mental health care system for young people by making it more accessible. They train professionals to better engage young people in their communities and put young people in the driving seat to design services. With their unique formula, they are inundated with training requests from institutions but are unable to respond to many.

With The Fore's support, MAC-UK will hire a consultant to develop a scalable training programme, creating a strong income stream and paving the way for systemic change in mental health care across the UK.

mac-uk.org

£30,000 awarded



The Twisting Ducks Theatre Company

Twisting Ducks helps people with learning disabilities and autism shine through the arts.

From music and dance to DJing, their weekly sessions offer a platform for the people they work with to express themselves. But that's not all; Twisting Ducks goes beyond creativity. They produce Accessible Health Resources, primarily for NHS trusts. These include films and performances that communicate important information in fun, creative ways to further the understanding of health professionals and people with learning disabilities. Requests for new resources are being turned down because the capacity isn't there.

With The Fore's support, Twisting Ducks will hire a Drama Facilitator, giving them the time to expand their income-generating Accessible Health Resources service, paving the way for long-term financial sustainability.

thetwistingducks.co.uk

@twistingducks

£30,000 awarded



Inspire 2 Ignite CIC

Inspire 2 Ignite (I2I) helps young people at risk of disengaging from education and employment build confidence and seize life-changing opportunities.

The number of young people not in education, employment or training in the UK has risen to 900,000. I2I bridges the gap between young people and jobs through work placements and wider support. Having worked with 8,000+ young people, they are ready to build on this momentum and launch their Young Person Ready Accreditation Pilot. This will help businesses adapt to the values of the next generation so they don't miss out on new talent. However, they lack the resources to get going.

With our funding, I2I will hire a Community Engagement Officer to launch the accreditation, generating income and creating a model for youth-friendly workplaces that could be replicated nationally.

inspire2ignite.co.uk

@inspire2ignite

£28,852 awarded



WeSwim

WeSwim want to make sure that people with a disability in London have the opportunity to experience the joy and community that swimming offers.

Adults with disabilities spend on average under 30 minutes a week exercising. Public swimming sessions are often intimidating and sometimes even dangerous for people with disabilities. WeSwim creates inclusive, empowering swimming sessions that build skills and confidence. They have five clubs across London, held almost 400 sessions, and built a team of 250+ volunteers. Demand for their services is skyrocketing, and they need extra people-power to meet it.

With our funding, they will hire an Operations Manager to launch new clubs and triple the number of people supported. This will also allow the Director to focus on driving strategy and income generation to secure long-term sustainability.

weswim.club

[@weswim.club](https://twitter.com/weswim.club)

£30,000 awarded



Words Matter

Words Matter is tackling a hidden crisis: verbal abuse of children by adults.

Harsh words and language leave invisible scars that last a lifetime. In the UK, 2 in 5 children experience verbal abuse by adults. While research shows it can be as damaging as physical or sexual abuse, it remains largely ignored. Through research, raising awareness, convening experts, and their well-reviewed train-the-trainer programme, piloted with organisations like MIND, Words Matter focuses on prevention to end verbal abuse at its source. However, a lack of paid staff is limiting their potential.

With our funding, they will hire a much-needed employee to help develop their training offer and free up capacity to grow partnerships to move them closer to a UK free from the verbal abuse of children.

wordsmatter.org

[@wordsmattercharity](https://twitter.com/wordsmattercharity)

£30,000 awarded



The Reef-World Foundation

The Reef-World Foundation (RWF) is dedicated to ensuring coral reefs thrive, protecting the half a billion people dependent on them.

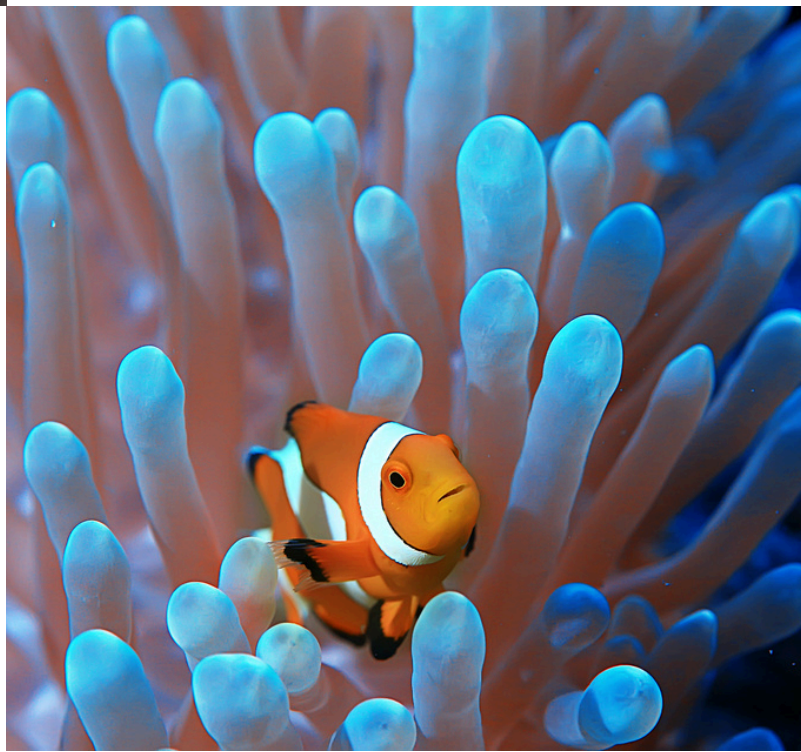
Coral reefs provide food, employment, and help combat global warming, yet two-thirds have been lost, and the remaining 90% are at imminent risk. Led by marine biologists, RWF is tackling this challenge through their Green Fins programme – the only internationally recognised training for diving and snorkelling operators to reduce their impact on reefs. It has already reached 1,300 dive operators, and operators in other marine tourism sectors want the programme adopted for them, but RWF don't have the resources.

With The Fore's support, RWF will extend Green Fins to freediving operators (those diving without breathing equipment), which will unlock income and allow them to move on to then address yachting's impact on coral reefs.

reef-world.org

[@reef_world](https://twitter.com/reef_world)

£30,000 awarded





Daybreak Oxford

Daybreak makes it possible for people with dementia in Oxfordshire to live well and remain at home for longer.

Through providing fun social activities like singing, as well as mental exercises, they slow cognitive decline, reduce hospitalisation, and delay the need for long-term care, easing pressure on a stretched NHS. Referrals to Daybreak double annually, but their fragmented IT system drains staff time and holds them back from meeting the rising tide of need.

The investment from The Fore will transform their operations with a streamlined IT system. This will free up staff time to expand services, unlock new funding streams and develop a national dementia care evaluation tool, paving the way for better dementia care across the country.

daybreak-oxford.org.uk

@daybreakoxford

£30,000 awarded



The Sophie Lancaster Foundation

The Sophie Lancaster Foundation (SLF) are on a mission to stamp out prejudice, hatred, and intolerance.

Sophie Lancaster, a young woman murdered for being different, inspired her mum, Sylvia, to establish the foundation. SLF is dedicated to shaping a future of tolerance and acceptance, partnering with secondary schools, universities, and the police to educate young people and those around them. With social media and online gaming, hate amongst primary school children is on the rise and SLF are determined to step in.

With our backing, SLF will launch an innovative support package for primary schools across the country to turn the tide on the rise of hate. Income generated from this will give the CEO the freedom to help drive the government to deliver long-lasting, nationwide change.

sophielancasterfoundation.com

@sophie_lancaster_foundation

£30,000 awarded



West Suffolk Hive CIC

West Suffolk Hive (WSH) is a nature-based play site where people can connect with nature, boost their wellbeing, and help protect the environment.

Founded in 2019 by parents of children with additional needs who were frustrated by the lack of suitable spaces in Suffolk for young people with special educational needs and disabilities (SEND), WSH has become a lifeline for families. Every month, they provide workshops, clubs, and play sessions for 200 people. Their forest, meadow and pond inspire a love of nature while teaching young people conservation skills to play their part in tackling the UK's biodiversity crisis.

With The Fore's funding, WSH will build a second cabin to double the people they support. The space will also generate income from external events, enabling further expansion.

westsuffolkhive.org.uk

@westsuffolkhive

£30,000 awarded

